

Benefits Of Sensory Play

Sensory experiences enable children to use their senses to explore and manipulate objects.



- Children develop cognitive skills such as problem solving and decision making.
- Begin to understand mathematical concepts such as comparing sizes, counting, one to one correspondence, sorting and classifying.
- Introduced to basic science skills such as cause and effect.
 - Start to make predictions and observations.
- Encourages children to use descriptive and expressive language.
 - Children learn about co-operation and collaboration.
- Hand /eye co-ordination and small muscle movements develop.
 - Supports children's creativity and builds self-esteem.
- Sensory play enables children the opportunity to investigate materials with no pre-conceived knowledge through the use of their senses.