

# Benefits Of Art and Craft

Creating interest areas within an early childhood settings are beneficial to both children and educators.



- Enables children to assert individuality (drawing a pumpkin that is different in colour and design).
- Assists children to express feelings (selecting bright colours for a painting to match a playful mood).
- Develops an understanding of cause and effect (observing what happens when blue paint is added to yellow).
  - Creates the ability to label shapes and objects (painting a yellow circle and calling it a sun).
- Helps develop planning skills (determining which colour finger paint to assemble before starting work).
- Provides opportunities for children to learn directionality (painting a circle with one continuous brush stroke).  
Continues to develop fine motor skills.