

Calming Cards

Get a drink



[@AussieChildcareNetwork.com.au](https://www.aussiechildcarenetwork.com.au)

Calming Cards

Read silently



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Calming Cards

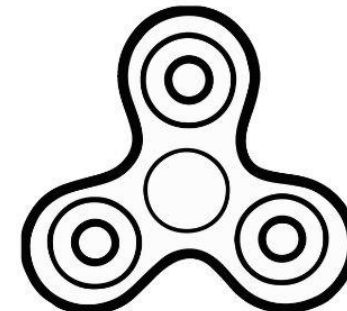
Talk with an adult



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Calming Cards

Use a fidget



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