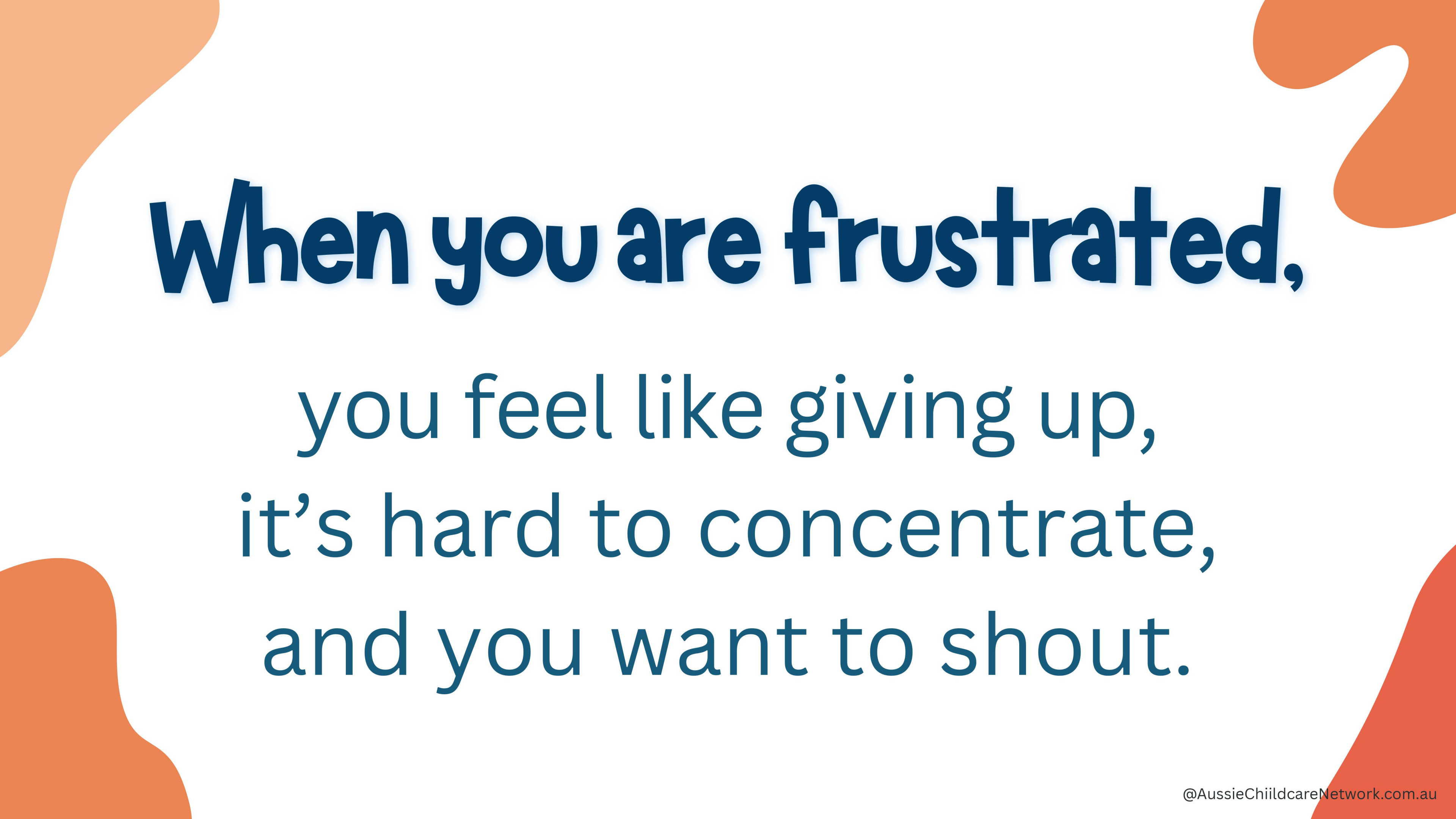




When you are frustrated,

you feel like giving up,
it's hard to concentrate,
and you want to shout.