

EYLF Outcome 3: Children Have A Strong Sense Of Wellbeing In Action

- **Be a real model for children**
- **Outdoor play is valued and supported by all educators**
 - **Health is discussed through play and mean times**
 - **Children express feelings**
 - **Build relationships to support children**
 - **Children have physical development opportunities in most activities**
 - **Children feel strong and capable**
 - **Children develop their fine motor skills regularly**
 - **Understand physical development is crucial for school readiness to be able to sit at a table and hold a pencil**
 - **Children can take risks in their physical development**
- **Physical activity is supported in play, not just planned activities**
 - **Children know their feelings are important**
 - **Children recognise other's emotions**
 - **Children grow and eat their own their own healthy foods**