

Cooking Area

Cooking experiences teach children how food is prepared and cooked and how it contributes to their health and wellbeing. Children enjoy cooking experiences as it is one of the few activities which allow them to do exactly the same thing that adults do.



Linking To The EYLF Outcomes

- 4.2 Children develop a range of learning and thinking skills and processes such as problem-solving, inquiry, experimentation, hypothesising, researching and investigating
- 4.3 Children transfer and adapt what they have learned from one context to another
- 4.4 Children resource their own learning through connecting with people, places, technologies and natural and processed materials