

## **Questions To Guide Reflection On Practice For Standard 2.1**

- **How do we find out about individual children's routines, and ensure that all relevant staff members are informed about these?**
- **How do we seek information from families about their children's routine experiences, such as sleeping and toileting patterns, and support the same approaches within the service?**
- **How do we encourage and support mothers who wish to breastfeed in the service?**
  - **How do we arrange routine times to ensure that children are able to follow their individual needs or preferences, including arrangements for children who do not need or wish to sleep or rest when other children do?**
  - **How do we seek information from children and families about children's well-being, physical comfort or personal needs, and support children sensitively within the service?**
  - **How do we keep informed of, and implement, current practices and guidelines from recognised authorities in relation to child and adult immunisation, allergies and anaphylaxis, food safety and hygiene practices, administration of medication, rest and safe sleep requirements, sun safe practices?**