

Instead of saying 'good job' when kids excel at sports:

1. Your practice is paying off. You're getting better at _____ (name something specific i.e. dribbling, passing, hitting the ball, etc.)
2. You scored and helped your team win
3. Your teammates were all cheering for you. How did that make you feel?
4. Congratulations! You did what coach asked you to do and really helped your team out.
5. You were determined and kept trying until you scored. What did you think when you scored?

