

# Developmental Milestones For 2 Years Old

## Social/Emotional Milestones

- Notices when others are hurt or upset, like pausing or looking sad when someone is crying
- Looks at your face to see how to react in a new situation

## Language/Communication Milestones

- Points to things in a book when you ask, like “Where is the bear?”
- Says at least two words together, like “More milk.”
- Points to at least two body parts when you ask him to show you
  - Uses more gestures than just waving and pointing, like blowing a kiss or nodding yes

## Cognitive Milestones (learning, thinking, problem-solving)

- Holds something in one hand while using the other hand; for example, holding a container and taking the lid off
- Tries to use switches, knobs, or buttons on a toy
- Plays with more than one toy at the same time, like putting toy food on a toy plate

## Movement/Physical Development Milestones

- Kicks a ball
  - Runs
- Walks (not climbs) up a few stairs with or without help
- Eats with a spoon

