

Developmental Milestones For 18 Months Old

Social/Emotional Milestones

- Moves away from you, but looks to make sure you are close by
 - Points to show you something interesting
- Puts hands out for you to wash them
 - Looks at a few pages in a book with you
- Helps you dress him by pushing arm through sleeve or lifting up foot

Language/Communication Milestones

- Tries to say three or more words besides “mama” or “dada”
 - Follows one-step directions without any gestures, like giving you the toy when you say, “Give it to me.”

Cognitive Milestones (learning, thinking, problem-solving)

- Copies you doing chores, like sweeping with a broom
- Plays with toys in a simple way, like pushing a toy car

Movement/Physical Development Milestones

- Walks without holding on to anyone or anything
 - Scribbles
- Drinks from a cup without a lid and may spill sometimes
- Feeds herself with her fingers
 - Tries to use a spoon
- Climbs on and off a couch or chair without help

