

# Developing Fine Motor Skills

Fine motor skills develop when a child uses their smaller muscles in their hands, fingers and wrists.



Playdough Play



Squeezing Sponges

Using Scissors

Completing A Puzzle

Lacing

While Sophie plays she pushes, pulls, squashes, squeezes, rolls and chops she strengthens her wrists and fingers with the playdough.

Using Tongs

Pouring Own Drinks

Threading



Finger Games

Paper Tearing

