

Outdoor Planning For Preschoolers



Physical Play

Add gym mats under the tree for climbing
 Guild a sand tower in the sandpit for climbing
 Simple yoga postures for 10 minutes
 Throwing and catching games
 Cat and mouse
 Obstacle course with tunnel, balance beams, climbing frames, tires, etc.
 Mats on soft fall for roly poly
 Scooters, bikes and helmets - bike course
 Cool down exercises - before group time/lunch

Connecting With Nature

Add shovels to garden patch
 Plant sun flower seeds in the flower garden
 Create a bird feeder to hang in the tree
 Add magnify glasses around flower pot for butterfly observations
 Create our mushroom farm
 Bark and Leaf pencil shading - patterns
 Observe and document insects we see - what can we do to increase them - what can we change - what can we add

Learning and Development

Wood work station - hammer and nails
 Spray painting - mixing colours (secondary)
 Cardboard boxes for buildings
 Floor puzzles
 Find the insects - matching photographs
 Create library tent - add pillows, cushions, book baskets and mats - 3 children at a time only
 Locking and unlocking - assorted padlocks with keys - match to unlock
 Pegging clothes on the line

Outdoor Evaluation

Children engaged in a variety of experiences this week while playing outdoors and it seemed to limit their "boredom" as we re-designed the outdoor environment and added different activities for them to participate in. We saw that we have many different types of insects in our garden, however not many butterflies as throughout the week only 5 were document - look into what flowers need to add for butterflies. Tree climbing was thoroughly enjoyed, although some children had to be reminded to get down - will add a ribbon or a marker to where it's acceptable to climb to. The new woodwork station was very popular. Boys and girls enjoyed hammering nails into the wood - will start easy projects using wood. Sunflowers were added to the flower garden and table was created on who can water the flowers each day. will document any changes we notice as the sunflowers grow. Clipboards and paper have been added to the area for children to document their findings. Yoga postures was a great activity that supported the children for balance and relaxation - will continue need to add more mats and bigger area. Bird feeders are to be made next week.

