

Cooking Area



Jackson been telling us that he frequently watches Master Chef at home and that he has started helping his parents at home with the cooking. "Dad is a good cook as well" he tells us. "He makes a good pasta and home made pizza". Jackson comments. Since Jackson has shown an interest in cooking we have provided simple recipes with pictures that he can follow through. For this one particular experience Jackson makes banana cake. "A good way to eat bananas" Jackson explains. He looks at the pictures in the recipe and created the banana cake with the help of some of his peers. "Smells so good, can't wait to eat it". Jackson said. "Delicious", pretty good job we did" Jackson commented while eating.

Benefits of Cooking Area



- Children learn to develop independence
- Encourages children to work cooperatively
- Enables children to develop self-help skills
- Helps children to learn about nutrition
- Develops fine motor control Enhances hand / eye co-ordination



Linking To The Framework



- Children Have a Strong Sense of Identity
- Children are Connected and Contribute to their World
- Children Have a Strong Sense of Well Being
- Children are Confident and Involved Learners
- Children are Effective Communicators



Principles

- Secure, respectful and reciprocal relationships
- Partnerships
- High Expectations and equity
- Respect for diversity
- Ongoing learning and reflective practices

Practices

- Holistic approaches
- Responsiveness to children
- Learning through play
- Intentional teaching
- Learning environments
- Cultural competence
- Continuity of learning and transition
- Assessment for learning