



# Behaviour Management Plan

Name of Child: Joseph Age: 3 Date: 8/5/15 Educator: Lorina

## Child Background *(family structure, culture, additional needs, health issues etc.)*

Joseph lives with both his parents. His dad works full time and has the weekends off. His mum is a stay at home mum and has recently welcomed a baby girl within the family (1 month ago). Joseph grandma also lives with him and his family in a granny flat located at the back of the house. Joseph is in the preschool room and attends the centre 3 days a week.

## Behavioural Indicators *(record specific behaviours)*

Date: 04/05/2015

Setting: Outside Play

Joseph was playing in the sandpit with Tom. He used the spade to dig a hole in the ground. Tom was holding the bucket. Joseph grabbed the bucket from Tom as he was holding it. "Give me I want it" Joseph said. Tom pulled the bucket back towards him. "I need it to play" Joseph said and pulled the bucket towards him. As he pulled it Tom fell forward hurting his knee. "I told you I need it" Joseph said

Date: 06/05/2015

Setting: Transitions

Joseph sits on the mat to wait to wash his hands before lunch "my turn I'm hungry" Joseph said. The educator smiles and calls Joseph to wash his hands for lunch. Joseph goes to the bathroom and pushes Taylor from the basin from where she was washing her hands. "I'm hungry I want food now" Joseph repeats.

Date: 08/05/2015

Setting: Block Corner

Joseph builds by himself. Connor goes and sits with him "go away Im building" Joseph says. Connor takes some blocks from the shelf, sits near Joseph and starts his own building. Joseph knows Connors blocks down and screams "Im building go away". Joseph picks up a block and throws it at Connor "leave them and go I want to build alone". The block hits Connor's chin "not my fault I told him to go away" Joseph said.

**Antecedent Events** (*triggers causing behaviour*)

- 1) Wanting a bucket to use in the sandpit. Saw that his friend had what he wanted so he grabbed it.
- 2) Feeling hungry and frustrated to wait to wash his hands.
- 3) Wanted to be left alone while building. Felt annoyed that he wasn't left alone even though he asked to be.

**Prioritize Behaviour** (*from most harmful to least harmful*)

- 1) Pushing
- 2) Throwing
- 3) Grabbing
- 4) Screaming
- 5)

**Intervention** (*how you want to change behaviour*)

Joseph's behavior has changed dramatically since the birth of his baby sister. We want Joseph to learn to positively express his feelings and to understand that it's OK to feel angry and sad. He also needs to share and take turns with his peers. Joseph needs some "quiet" time to spend some time by himself to engage in individual experiences.

**Strategies** (*strategies to deal with behaviour*)

- 1) During group time read stories about feelings, discuss how we feel during certain situations.
- 2) Provide positive encouragement while Joseph's interacting well with others.
- 3) Set up a "calming area" for Joseph to access when he wants some time alone.
- 4) Role model and re-enact different stressful situations and how Joseph can deal with them.
- 5) Talk about how special it is to be a big brother.
- 6) Ask his parents to give him special jobs at home he can do for his sister (help get her changed, help with her bath etc).
- 7) Get family to spend one on one time with Joseph at home while baby is sleeping.

**Support** (*people, professional support services, if needed*)

N/A

**Aims** (*specific acceptable behaviour from the child*)

- 1) For Joseph to use words to tell us when he is feeling angry or sad and to say why.
- 2) Learn to ask for things when he cant find what he is looking for.
- 3) Play with others in a positive way.
- 4) Ask for help when he feels out of control.
- 5) Learn to how to cope when he is feeling angry, anxious etc.

**Monitoring Behaviour** (*methods used*)

Anecdotal Records, Running Records, Time Samples.

**Dates Records Were Taken**

18th May, 20th May, 22nd May, 25th May, 27th May, 29th May

X Lorina

Lead Educator

X

Director

X

Parent/Guardian

**Evaluation** (*how the plan went, any changes etc.*)

So far, all educators and Joseph's parents are on board with this plan. His parents have made dramatic changes at home and are spending more quality time with him. This is also impacting and reflecting positively on Joseph's behavior here at the centre. His parents have also introduced a star chart at home which we will continue here as well.