

WEEKLY PROGRAM PLAN—BEFORE SCHOOL CARE

Day	Welcome Activity	Independent/ Quiet Options	Group/Active Options	Creative/Art Options	Child Input
Monday <u>2-Feb-26</u>	Morning stretch & Rollcall	Reading corner Drawing	Ball games Skipping ropes	Collage Making Playdough	"We want more ball games"
Tuesday <u>3-Feb-26</u>	"Question of the Day" board	Puzzles Lego	Team relay Cone markers	Painting Origami	"Can we do Lego challenges?"
Wednesday <u>4-Feb-26</u>	Gratitude wall (sticky notes)	Colouring sheets Journaling	Dance warm-up Trivia	Beading Poster design	"We like dance warm-ups"
Thursday <u>5-Feb-26</u>	Joke or riddle sharing	Board games Quiet reading	Obstacle course Outdoor chase	Craft sticks Clay modelling	"Obstacle course was fun"
Friday <u>6-Feb-26</u>	Weekly highlights circle	Journaling Card games	Group quiz Outdoor soccer	Free drawing Friendship bracelets	"Can we have soccer again"

Notes

Add more active options on Mondays to energize children before class.
 Prepare extra pencils and journals for quiet play.
 Morning stretch helped transition smoothly into the school day.

WEEKLY PROGRAM PLAN—AFTER SCHOOL CARE

Day	Transition Activity	Independent/ Quiet Options	Group/Active Options	Creative/Art Options	Child Input
Monday <u>2-Feb-26</u>	Reflection circle ("best part of your day")	Reading corner Journaling	Outdoor ball games Skipping ropes	Collage making Playdough	"We liked having puzzles and board games together."
Tuesday <u>3-Mar-26</u>	Joke or riddle sharing	Lego Puzzles, Card games	Team relay, Cone markers	Painting Origami	"Can we have more art days with painting?"
Wednesday <u>4-Mar-26</u>	Gratitude wall (sticky notes)	Marble Run Journaling	Dance warm-up Building Challenge	Beading Poster design	"We want to try cooking activities."
Thursday <u>5-Feb-26</u>	"Question of the Day" board	Board Games Quiet reading	Obstacle course Outdoor chase	Craft sticks, Clay modelling	"Can we play trivia with teams next time?"
Friday <u>6-Feb-26</u>	Weekly highlights circle	Journaling Drawing Cards	Group quiz Outdoor soccer	Free drawing Friendship bracelets	"We'd like more music and karaoke."

Notes

Add more outdoor activities on Tuesdays to balance indoor play.
 Rotate art options weekly to keep interest fresh.
 Need more craft supplies (glue sticks, coloured paper).