

# WEEKLY REFLECTION

Week:

16-Sep-2025

Educator:

Lorina N.

## PRACTICE AND PEDAGOGY

This week, I leaned into the heart of my practice—observing, listening, and responding to children's cues with intentionality. I noticed how small shifts in my approach opened space for authentic expression and deeper engagement. Whether through documentation, provocations, or spontaneous moments, I reflected on how my choices.

## COMPLIANCE AND REFLECTION

This week, I engaged with compliance not as a checklist, but as a safeguard for children's rights and safety. I reviewed documentation with a critical lens, flagged areas needing attention, and considered how policy intersects with lived practice. I reflected on ratio pressures, supervision patterns, and the ethical weight of our responsibilities.

## RELATIONSHIPS AND COMMUNICATION

Relational safety was at the core of my week. I held space for children's emotions, navigated team dynamics with empathy, and practiced active listening in moments that called for patience. I reflected on how my words, tone, and presence shaped the emotional climate of the room. Whether through a reassuring glance or a restorative conversation.

## LEADERSHIP AND GROWTH

Leadership showed up in quiet moments—mentoring a colleague, initiating a reflective dialogue, or advocating for change. I reflected on how I modeled emotional intelligence and upheld sector values in my interactions. Growth came through challenge: navigating complexity, embracing feedback, and staying anchored in purpose.

## ENVIRONMENT AND ENGAGEMENT

The environment spoke volumes this week—through textures, rhythms, and the way children moved within it. I noticed which spaces invited calm, which sparked curiosity, and which needed reimagining. I reflected on how inclusive and culturally responsive our setup felt, and whether it supported all children to feel seen.

## WELLBEING AND SELF AWARENESS

I paused to check in with myself—recognizing moments of joy, tension, and quiet fatigue. I acknowledged the emotional labour of the week and gave myself permission to rest where needed. I reflected on what restored me: a shared laugh, a moment of clarity, or a gentle boundary I upheld.