

A Moment That Mattered



Reflecting On: Group Time

Date: 11-Jul-25

Educator: Ms Lorina

Describe The Experience

THINK OF A SITUATION OR INTERACTION IN YOUR DAY THAT *STOOD OUT*—SOMETHING THAT WENT REALLY WELL, FELT CHALLENGING, OR SPARKED A NEW INSIGHT.

“During today’s group time, I introduced a new song using visual props. Some children sang along enthusiastically, while others seemed disinterested.”

Analyse Your Thoughts and Feelings

WHAT WERE YOU THINKING AND FEELING IN THE MOMENT? WHY DID IT STAND OUT TO YOU?

“I was disappointed some children weren’t engaged. I started to question whether my choice of song was appropriate for their developmental level.”

Connect to Theory or Philosophy

THINK ABOUT FRAMEWORKS LIKE THE EYLF, CHILD DEVELOPMENT THEORIES, OR YOUR CENTRE'S VALUES. HOW DOES THIS SITUATION ALIGN—OR NOT?

“Reflecting on the EYLF’s emphasis on responsive learning, I realized I hadn’t considered the group’s current interests or cultural background when selecting the song.”

Identify Growth and Next Steps

WHAT WOULD YOU DO DIFFERENTLY NEXT TIME? WHAT DID YOU LEARN? HOW MIGHT THIS INFORM YOUR FUTURE PLANNING OR PRACTICE?

“Next time, I’ll co-select songs with the children based on their interests. I’ll also explore music in different languages to encourage inclusion.”

Frame it with a Reflection Prompt

SOMETIMES, STARTING WITH A QUESTION CAN GUIDE YOUR THINKING.

- “WHAT DID I LEARN ABOUT THE CHILDREN THROUGH THIS EXPERIENCE?”
- “HOW DID MY PERSONAL BELIEFS INFLUENCE MY RESPONSE?”
- “HOW CAN I MAKE THIS EXPERIENCE MORE INCLUSIVE NEXT TIME?”
- WHAT WENT SMOOTHER THAN EXPECTED? WHAT WOULD I TWEAK NEXT TIME?
- WHAT ASSUMPTIONS DID I BRING INTO A SITUATION, AND HOW MIGHT THAT HAVE SHAPED MY RESPONSE?
- WHAT STORY DOES THIS MOMENT TELL ABOUT BELONGING OR WELL-BEING?
- HOW COULD THIS PROVOKE CURIOSITY OR FURTHER INQUIRY FROM THE CHILD?
- IS CULTURAL IDENTITY ACKNOWLEDGED HERE IN A RESPECTFUL AND AUTHENTIC WAY?