

# School Readiness Booklet

Welcome to Victor's School
Readiness Booklet—designed to
celebrate their unique learning journey
and support their transition into formal
schooling.

This booklet brings together observations, reflections, and strategies that highlight Victor's strengths, interests, and areas of growth. It provides a collaborative space for educators and families to prepare and empower the child as they step into this exciting new chapter.

Together, we can nurture their confidence, independence, and love for learning.

## **Developmental Strengths**

### A SNAPSHOT OF CURRENT SKILLS AND AREAS OF GROWTH

### **COGNITIVE SKILLS (OUTCOMES 4 & 5)**

- Demonstrates curiosity through questioning and exploring new ideas
- Engages in problem-solving during play and learning experiences
- Understands cause and effect relationships
- Sorts, classifies, and sequences objects or ideas
- Remembers and recalls information from stories, routines, or discussions

### **COMMUNICATION & LANGUAGE (OUTCOME 5)**

- Uses a growing vocabulary to express thoughts, needs, and ideas
- Listens attentively and responds appropriately to questions or prompts
- Participates in storytelling, songs, and rhymes
- Engages in back-and-forth conversations with peers and adults
- Understands and follows multi-step directions

### FINE & GROSS MOTOR SKILLS (OUTCOME 3)

- Uses tools like pencils, scissors, and glue with increasing control
- Builds with small blocks, completes puzzles, and manipulates play materials
- Runs, climbs, jumps, and balances with confidence
- Participates in group games and obstacle courses

### SOCIAL & EMOTIONAL DEVELOPMENT (OUTCOME 1 & 3)

- Shows increasing independence in daily tasks and routines
- Identifies and names a range of emotions in self and others
- Builds relationships through cooperative play and shared experiences
- Manages transitions and adapts to changes in routine



### **School Readiness Goals**

### TO ENSURE A SMOOTH TRANSITION, WE'RE FOCUSING ON THESE KEY AREAS

### SELF-HELP AND INDEPENDENCE

- -- Independently manage personal belongings, such as packing/unpacking their bag and caring for their items.
- Take responsibility for daily routines, including toileting, hand washing, and dressing (e.g., shoes, zippers).
- Demonstrate initiative by making simple decisions and attempting new tasks without adult assistance.
- Follow multi-step instructions without constant prompts.

### **EMOTIONAL RESILIENCE & SOCIAL SKILLS**

- Identify and express emotions using words, gestures, or visuals when needed.
- Develop strategies to manage frustration, such as using calm-down techniques or seeking support.
- Build and maintain friendships, showing empathy and turn-taking.
- Adapt to changes in routine or environment with confidence and support when needed.
- Participate in group activities, taking turns, listening to others, and contributing ideas.

### **EARLY LITERACY & NUMERACY**

- Recognise and name some letters and sounds, particularly from their own name.
- Engage in storytelling and book exploration, showing understanding of concepts like left-to-right reading.
- Identify and use numbers in play, including simple counting and comparisons.
- Show an interest in mark-making and early writing, such as drawing, scribbling, and forming

### EYLF Outcome 4

- Demonstrate curiosity and enthusiasm for exploring new concepts, materials, and environments.
- Persist with challenges, showing problem-solving skills when faced with unfamiliar tasks.
- Engage in sustained play, maintaining focus and building on ideas over time.
- Initiate learning experiences, showing confidence to try new things independently.
- Reflect on their own learning, expressing pride in achievements

### Strategies To Support Readiness

### **EDUCATOR STRATEGIES**

#### To Foster Self-Help and Independence

- Model daily routines (e.g., packing a bag, using a lunchbox) through visual cues and role-play.
- Provide choices in activities to encourage decision-making and autonomy.

### To Build Emotional Resilience and Social Skills

- Label emotions in real time and introduce calming strategies like breathing or a quiet corner.
- Facilitate small-group play to support turn-taking, cooperation, and navigating peer interactions.

### To Strengthen Early Literacy and Numeracy

- Embed literacy and numeracy into daily routines, such as counting children at group time or writing
- Offer sensory-rich activities that support pre-writing and early number concepts

### **HOME STRATEGIES**

- Involve your child in daily tasks, like setting the table or packing their backpack.
   Encourage dressing themselves—even if it means mismatched socks at first!
- Practice opening lunch containers and water bottles during mealtimes.
- Use picture charts to help with step-by-step routines (like getting ready in the morning).
- Name and validate emotions with phrases like "It's okay to feel frustrated."
- Play turn-taking games and role-play how to ask for help or say "no" politely.
- Create predictable routines with gentle transitions to ease anxiety.
- Use storybooks to explore social situations and discuss how characters feel.

### **Reflections & Next Steps**

#### **Educator Observations**

- What are Victor's greatest strengths at this stage of their learning journey?
- In what areas have they shown the most growth?
- What strategies or learning experiences have supported these developments?

### Family Reflections

- What progress have you noticed at home?

   What activities does [Child's Name] enjoy outside of the early learning setting?
- Are there any challenges or areas where more support would be helpful?

#### Next Steps for Educators

- Introduce school-like routines (e.g., lunchbox days, group transitions).
- Provide additional practice with fine motor skills or name recognition.
- Continue supporting emotional resilience through storytelling and role-play.

### Next Steps for Families

- Establish consistent morning and afternoon routines.
- Encourage independence in daily tasks (e.g., dressing, hygiene).
   Practice early literacy and numeracy through games, reading, and everyday interactions.

#### Collaboration Goals

- Schedule a transition meeting or preschool-to-school handover discussion.
- Identify shared goals between educators and families.
- Create a shared plan to celebrate milestones and support continued growth.