

## EYLF Outcome 3: Children Have A Strong Sense Of Wellbeing

Child name: Nathan Educator: Paul Date: 8.2.2023 Age: 4



Nathan ran over to where the jumping castle was "my turn" said excitedly. Tim helped him up onto the jumping castle. Nathan began to walk to the middle of the jumping castle. He places one foot in front of the on the floor and pushed himself up. He stood up straight out stretched his hands beside him, bent his knees and bounced up and down. Nathan repeated this action for a minute.



Through this experience it is evident that Nathan takes increasing responsibility for his health and physical wellbeing (3.2). He engages in compels sensory motor skills and movements patterns and combines gross motor movement to achieve balance.

### Linking To The Outcomes

- 3.1 Children become strong in their social, emotional and mental wellbeing
- 3.2 Children become strong in their physical learning and wellbeing
- 3.3 Children are aware of and develop strategies to support their own mental and physical health and personal safety

### Extension Ideas

To extend on this experience we will set up an obstacle course both indoor.

Date: 9.2.2023

### Evaluating The Extension

Nathan really loves jumping castles and begs us for a turn whenever he sees one. Money consider buying one for his birthday.