

# Cognitive Developmental Milestones and EYLF Birth to 4 months

Child: Abraham Age: 1 Educator: Jacob Date: 12-7-2022

- smiles and laughs
- looks toward direction of sound
- eyes track slow moving target for brief period
- looks at edges, patterns with light/dark contrast and faces
- imitates adult tongue movements when being held/talked to
- learns through sensory experiences
- repeats actions but unaware of ability to cause actions

## Linking To The Outcomes

- 1: Children have a strong sense of identity
- 2: Children are connected with and contribute to their world
- 3: Children have a strong sense of wellbeing
- 4: Children are confident and involved learners
- 5: Children are effective communicators

Infants begin to develop trust when parents begin to fulfil their needs. Such as changing an infant's nappy when needed, feeding on request and holding them when they cry. Infants cry to express anger, pain and hunger. It is their way of communicating with the world around them.

# Emotional Developmental Milestones and EYLF Birth to 4 months

Child: Amina Age: 2 Educator: Jacob Date: 12-7-2022

- bonding
- cries (peaks about six to eight weeks) and levels off about 12-14 weeks
- cries when hungry or uncomfortable and usually stops when held
- shows excitement as parent prepared to feed
- smiles on his own to get your attention
- chuckles (not yet a full laugh) when you try to make her laugh
- looks at you, moves, or makes sounds to get or keep your attention
- begins to mimic real life scenarios with dress ups or imaginative play
- shows a variety of emotions
- knows how to share and take turns
- becomes interested in playing with other children around their age
- uses imaginative play e.g. pretends to be at a restaurant

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# Language Developmental Milestones and EYLF Birth to 4 months

Child: Abel Age: 2 Educator: Jacob Date: 12-7-2022

- expresses needs
- cries
- when content makes small throaty noises
- soothed by sound of voice or by low rhythmic sounds
- imitates adult tongue movements when being held and talked to
- may start to copy sounds
- coos and gurgles

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# Physical Developmental Milestones and EYLF Birth to 4 months

Child: Omar Age: 3 Educator: Jacob Date: 12-7-2022

- moves whole body
- squirms, arms wave, legs move up and down
- eating and sleeping patterns
- startle reflex when placed unwrapped on flat surface/ when hears loud noise
- head turns to side when cheek touched
- sucking motions with mouth (seeking nipple)
- responds to gentle touching, cuddling, rocking
- shuts eyes tight in bright sunlight
- able to lift head and chest when laying on stomach
- begins to roll from side to side
- starts reaching to swipe at dangling objects
- able to grasp object put into hands

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# Social Developmental Milestones and EYLF Birth to 4 months

Child: Gideon Age: 4 Educator: Jacob Date: 12-7-2022

- smiles and laughs
- makes eye contact when held with face about 20cm from face of adult looking at them
- may sleep most of the time
- alert and preoccupied with faces
- moves head to sound of voices
- are aware of their gender identity
- be quite assertive and say no to adults' demands or instructions
- starts to evaluate their behaviours as bad, good etc
- begins to share and take turns
- may be possessive about their toys
- still need parents or familiar adult nearby for security and support
- are aware of their feelings and of other people's feelings

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