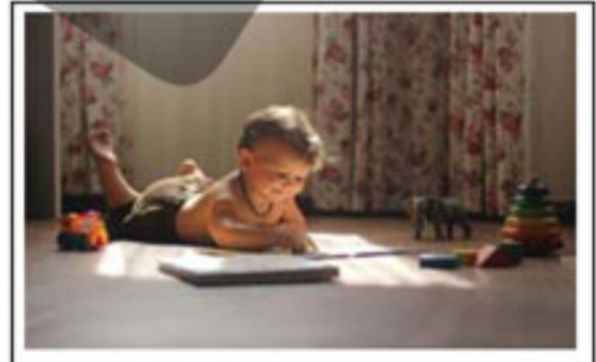


# Children Have A Strong Sense Of Wellbeing

Name: Nathan Age: 5 Date: 20-5-22 Educator: 20-5-22

Nathan ran over to where the jumping castle was "my turn" said excitedly. Tim helped him up onto the jumping castle. Nathan began to walk to the middle of the jumping castle. He placed one foot in front of the other on the floor and pushed himself up. He stood up straight out stretched his hands beside him, bent his knees and bounced up and down. Nathan repeated this action for a minute. Nathan moved his hands beside him, bent his knees and bounced up and down. Nathan repeated this action for a minute.

Nathan moved his hands to his side and with his feet together started jumping. He jumped three times and then lost balance and fell over. As he fell over, Nathan laughed. On all fours Nathan crawled to the middle of the jumping castle. He rolled over onto his back and stuck his legs in the air. He swung his legs from left to right, placed them in front of him and set up. "Nathan times up mate" Tom said.



- 3.1 Children become strong in their social and emotional wellbeing.
- 3.2 Children take increasing responsibility for their own health and physical wellbeing.

## Evaluation

Through this experience it is evident that Nathan takes increasing responsibility for his health and physical wellbeing (3.2). He engages in complex sensory motor skills and movement patterns and combines gross motor and fine motor movement to achieve balance.

## Extension Ideas

To extend on this experience we will set up an obstacle course both indoor.

## Evaluating The Extension

Nathan really loves jumping castles and begs us for a turn whenever he sees one. May consider buying one for his birthday.