

3.2 Children become strong in their physical learning and mental wellbeing

This is evident when children, for example:

- *engage in increasingly complex coordination of body movements with sight, sounds and other sensory stimuli to engage with people and explore materials*
- *develop movement patterns, mobility and gross motor skills to manage and explore the physical environment*
- *combine gross and fine motor movement and balance to achieve increasingly complex patterns of activity, including dance, creative movement, drama and fundamental movement skills*
 - *build core strength, physical coordination and stamina*
- *use their sensory perceptions, physical capabilities and dispositions with increasing integration, skill and purpose to explore and respond to their world, including finding new challenges and risks*
- *demonstrate spatial awareness and orient themselves, moving around and through indoor and outdoor environments confidently and safely*
 - *manipulate equipment and manage tools with increasing competence and skill*
- *respond through movement to traditional and contemporary music, dance and storytelling*
 - *move to the tempo and rhythm of the music*